

"Do not look forward to what may happen tomorrow; the same everlasting Father who cares for you today will take care of you tomorrow and every day. Be at peace then..." SFdeS

"Being a part of the Daughters provides a balance in my life. It gives me peace, knowing I can bring holiness to all my daily responsibilities as a mother and as a wife, and really, in all my roles in life."

*Mary Charles*  
Daughter of St. Francis de Sales

Please visit our website:  
[sfdsassociation.org](http://sfdsassociation.org)  
We welcome your inquiry,  
please contact ...

**For information  
call Betty at  
239-280-6434**

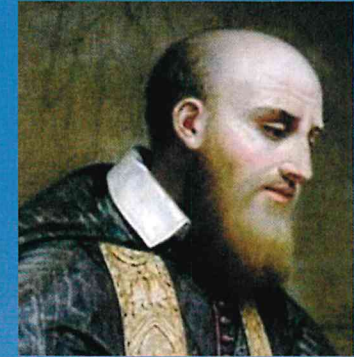
"We must do everything for love. For it is not by the greatness of our deeds that we please God ... but by the love with which we perform them."

St. Francis de Sales

"Each one has their own gift from God, one this and another that ... the Church is a garden patterned with innumerable flowers ... each has its value, its charm, its gaiety; while the whole, vast cluster of these variations make for beauty in its most graceful forms."  
SFdeS

"Be patient with everyone, especially with yourself."  
SFdeS

**Daughters of St.  
Francis de Sales  
answering the call  
to "Live, Jesus!"**



**A spiritual family for lay women, married, single, divorced or widowed, who are seeking a deeper, more personal relationship with God.**

**Live, Jesus!**



Is the way of St. Francis de Sales, the "Gentle Saint," the way for you?

**Salesian spirituality**, rooted in love and the Gospel message, offers a simple way of reconciling the often conflicting demands of home, family, career, church and community with growth in our spiritual life. St. Francis reminds us that we are called to holiness, ('seeking friendship with God'), through the ordinary circumstances of our daily lives.

The Daughters of St. Francis de Sales provide a practical means of living a life devoted to God within a family of spiritual friends, united in a bond of love to support us along the way.

As we walk this path, we will see more and more clearly what God wants us to be and to do.

The Society of the Daughters of St. Francis de Sales was founded in France in 1872 by Fr. Henri Chaumont and



## Joy in the Spirit!

Caroline Carré de Malberg, a wife and mother. We are an international association with members living in 24 countries of the world.

**Prospective members** of the Society begin with a 3-month period of prayerful searching and preparation we call aspirantship. As an aspirant, you will be assigned a spiritual friend, a companion who will accompany you on your journey and will help introduce you to our charism and traditions.

This is a gentle time for patient exploration of one's interior life, designed in such a way to ease into even the busiest life. During this time of formation it is important to prayerfully discern whether God is calling you to Salesian spirituality.

If you decide to continue, **the next step** is the 2-year process of formation.



**A busy woman won't find our formation a burden.** Only about 20 minutes a day need be reserved for meditation, study of Christian virtues, (and how we can embrace these virtues, one by one in our lives), the spirituality of St. Francis de Sales, and reflections on the love of God ... 20 good, refreshing minutes to strengthen and deepen our unique relationship with God.

Upon completion of your formation, you will decide if you want to proceed and enter our spiritual family through the Act of Consecration. This is not an end, rather a new beginning, since we continue to grow ever deeper in our friendship with God as we evolve in spiritual maturity.

Our Salesian family supports our journey, nourished in our monthly meetings focusing on a spiritual theme, contact with our companions, a day of recollection and a yearly retreat.

*"Let us be what we are and let us be it well, in order to do honor to the Master Workman whose masterpiece we are."*

SFdeS

